



GLENHAVEN PUBLIC SCHOOL

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26 June, 2023

Dear Parents/Caregivers,

INTERRELATE – YEAR 5 ‘MOVING INTO THE TEEN YEARS’

In order to prepare your child for a positive attitude to change, Interrelate in conjunction with Glenhaven Public School are offering ‘Moving Into The Teen Years,’ which is designed to enhance self-esteem, initiate sexuality and relationship education and develop communication, understanding of correct terms and decision making skills. Exploring a range of issues, this comprehensive program is designed for this important time in the lives of Year 5 students. The first week of this program will see all parents requested to tune in for a zoom session where the classroom program will be explained so you can be prepared for what will be discussed in the coming weeks. The program will then run over the following three weeks in the classroom with each session running for 90 minutes.

Dates:	Week 5: Monday 21 August 2023 (Parent Information Session - Zoom) Week 6: Wednesday 30 August 2023 Week 7: Wednesday 6 September 2023 Week 8: Wednesday 13 September 2023
Location:	School
Total Cost:	\$48.00 per student non-refundable

Program focus:

- Acknowledge personal differences and promote respect for and acceptance of others
- Increase awareness of personal safety and protective behaviours
- Develop students’ understanding of physical development at puberty and provide strategies for managing these changes
- Discuss different types of relationships and strategies for managing conflict

Classroom Program:

Session 1: It’s All About Me
Session 2: My Changing Body
Session 3: My Changing Relationships

Please note that whilst this program supports our curriculum-based learning, your child’s attendance is optional. Their inclusion however depends upon the payment of the incursion costs being met by **Friday 28 July, 2023**.

In order for your child to participate in this learning experience, please complete the consent and make payment via the School Bytes Parent Portal **no later Friday 28 July, 2023**.

Parents who are unable to meet all or part of the expenses associated with this excursion are advised to contact the school to discuss options available prior to the due date.

Mr David Reid
Stage 3 Assistant Principal

Mrs Kerry Maxwell
Principal

(Please keep this section for your information)

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Please return this section with payment to the **Red Box in the School Administration Office by Friday 28 July, 2023**

GLENHAVEN PUBLIC SCHOOL INTERRELATE – YEAR 5 ‘MOVING INTO THE TEEN YEARS’ PERMISSION NOTE

I give permission for my child..... of class..... to attend **Interrelate – Year 5 ‘Moving Into The Teen Years’** on **Wednesdays 30 August, 6 and 13 September, 2023**. Session details are as follows: **Session 1: It’s All About Me, Session 2: My Changing Body & Session 3: My Changing Relationships**. I will also do my best to attend the parent zoom session prior to the commencement of the classroom program on Monday 21 August, 2023. To participate in this educational experience, I understand that consent and payment is due no later than **Friday 28 July, 2023**. I also understand that there will **not be a refund if my child is unable to attend one of the sessions**. I understand that my child’s participation is optional, and their inclusion is dependent upon the cost of **\$48.00** being met by the due date. I also understand that if my child is absent on the day, payment will still apply and there will be no ‘make-up’ lessons.

Signed: (Parent/Caregiver) Date: