



GLENHAVEN PUBLIC SCHOOL

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27 June, 2022

Dear Parents/Caregivers,

INTERRELATE – YEAR 5 ‘MOVING INTO THE TEEN YEARS’

In order to prepare your child for a positive attitude to change, Interrelate in conjunction with Glenhaven Public School are offering ‘Moving Into The Teen Years,’ which is designed to enhance self-esteem, initiate sexuality and relationship education and develop communication, understanding of correct terms and decision making skills. Exploring a range of issues, this comprehensive program is designed for this important time in the lives of Year 5 students. The program will run over three weeks with each session running for 90 minutes.

Dates: **Week 6: Wednesday 24 August 2022**
 Week 7: Wednesday 31 August 2022
 Week 8: Wednesday 7 September 2022
Location: **School**
Total Cost: **\$40.00 per student non-refundable**

Program focus:

- Acknowledge personal differences and promote respect for and acceptance of others
- Increase awareness of personal safety and protective behaviours
- Develop students’ understanding of physical development at puberty and provide strategies for managing these changes
- Discuss different types of relationships and strategies for managing conflict

Session 1: It’s All About Me

Session 2: My Changing Body

Session 3: My Changing Relationships

Please note that whilst this program supports our curriculum-based learning, your child’s attendance is optional. Their inclusion however depends upon the payment of the incursion costs being met by **Friday 22 July, 2022**.

In order for your child to participate in this learning experience, please complete the permission slip below and return it along with payment to the **Red Box in the School Administration Office Foyer, no later than Friday 22 July, 2022**.

Parents who are unable to meet all or part of the expenses associated with this incursion are advised to contact the school to discuss options available **prior to the due date**.

Mrs Belinda Reedman
Year 5 Assistant Principal

Mrs Kerry Maxwell
Principal

(Please keep this section for your information)

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Please return this section with payment to the **Red Box in the School Administration Office by Friday 22 July, 2022**

GLENHAVEN PUBLIC SCHOOL INTERRELATE – YEAR 5 ‘MOVING INTO THE TEEN YEARS’ PERMISSION NOTE

I give permission for my child..... of class..... to attend **Interrelate – Year 5 ‘Moving Into The Teen Years’** on **Wednesdays 24, 31 August and 7 September, 2022**. Session details are as follows: **Session 1: It’s All About Me, Session 2: My Changing Body & Session 3: My Changing Relationships**. To participate in this educational experience I understand that the permission note and payment is due no later than **Friday 22 July, 2022**. I also understand that there will **not be a refund if my child is unable to attend one of the sessions**. I understand that my child’s participation is optional and their inclusion is dependent upon the cost of **\$40.00 being met by the due date**. I also understand that if my child is absent on the day, payment will still apply and there will be no ‘make-up’ lessons.

Signed: (Parent/Caregiver) Date: